

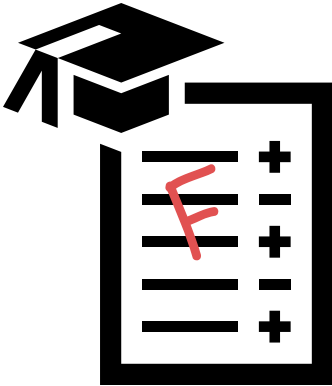
# Myths & Facts

## Marijuana Use

**Myth:**

Marijuana is not harmful

Using marijuana during teen years can damage a person's ability to learn or remember. It may cause a drop in IQ scores, poor grades and increase dropping out of high school.



**Myth:**

Marijuana helps one's mood and promotes mental health

Regular marijuana use can make symptoms worse for those with anxiety, depression and psychosis.



# Myths & Facts

## Marijuana Use

**Myth:**  
Marijuana isn't  
addictive

**Regular use can lead to  
addiction, especially when  
use starts early.**



**Myth:**  
Marijuana does  
not impact driving

**Marijuana can affect judgment,  
coordination and reaction time. The  
risk of being involved in a  
crash increases after marijuana use.**



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Health and Human  
Services Agency