

Summer Fun Challenge Passport 2022

Summer Fun Challenge Passport Prizes

When you complete a challenge, check the box . For each challenge you complete, you will earn 1 drawing ticket. The more challenges you complete, the more tickets you will earn and have a greater chance of being chosen for prizes and our grand prize.

Grand Prize: New Hydro Flask water bottle and a 2-hour pass for a kayak or stand-up paddle board rental from the Whiskeytown Marina Trailer at Brandy Creek Beach!

Note: Summer Fun Challenge ends 8/15/22. Fill out the back page and submit to enter the drawing.

Questions?

Contact A+ Life staff at AODPrevention@co.shasta.ca.us or call us at 530-229-8497.



Name: _____

School: _____

Grade: _____

CHALLENGE 1



Visit a waterfall.

Name of waterfall _____

Date _____

Alternative Challenge: If unable to make it to a waterfall, visit a lake, river, stream, or the beach.

Challenge 1 Completed

CHALLENGE 2



Explore the Redding or Burney Farmers Market and collect free tokens.

When: Every Saturday in June

Where: Redding Farmers Market, behind Redding City Hall, 777 Cypress Ave, Redding

How: Look for the Healthy Shasta Farm Club

Burney Farmers Market, Farm Club is every Saturday in July and the 1st week of August. Located 37427 Highway 299 East Burney, CA 96013

Challenge 2 Completed

CHALLENGE 3



Hike 2 different trails.

Hike #1 _____

Date _____

Hike #2 _____

Date _____

Alternative Challenge: If unable to make it to a trail, go for a nature walk around your neighborhood.

Challenge 3 Completed

CHALLENGE 4



Visit the website below and find 2 recipes to try and take a picture.

<https://calfreshhealthyliving.cdph.ca.gov/en/recipes/Pages/default.aspx>

Name of recipe #1 _____

Date _____

Name of recipe #2 _____

Date _____

Selfie or pictures taken

Challenge 4 Completed

CHALLENGE 5



Watch the fireworks this July 4th and invite a friend.

Place you saw fireworks _____

Date _____

Have fun and be safe! Remember to obey local laws.

Challenge 5 Completed

CHALLENGE 6



Visit a nearby library and read a book.

Name of library _____

Name of book _____


Date _____


Alternative Challenge: If unable to make it to a library, check out the digital library at <https://www.shastalibraries.org/digital-library>


Challenge 6 Completed

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Resources

Check out A+ Life: 

 @100percentpureyou •
Instagram photos and videos

 For maps on places to hike, bike, and walk visit healthyshasta.org

Check out the Teen Centers:

1. Redding Teen Center
Churn Creek Rd.
Redding, CA 96002
2. Anderson Teen Center
2889 East Center St.
Anderson, CA 96007

Visit  at
<https://hopeshasta.org/>

Download the new Teen Centered app by scanning the QR code or visit <https://hopeshasta.org/teanapp/>



GET IT ON
Google Play



Download on the
App Store

Name: _____

School: _____

Grade: _____

CHALLENGE 7



Go camping.

Place you camped _____

Date _____

Alternative Challenge: If unable to go to a campsite, try backyard camping.

Challenge 7 Completed

CHALLENGE 8



Complete a random act of kindness.

How did you show kindness? _____

Date _____

Ideas of how to show kindness:

- Lend a helping hand
- Give compliments
- Send a handwritten letter or card

Challenge 8 Completed

CHALLENGE 9



Picnic at a local park and invite a friend.

Name of local park _____

Name of friend _____

Date _____

Surround yourself with positive people and make positive choices.

Challenge 9 Completed

CHALLENGE 10



Walk, bike, or skate across a bridge.

Did you walk, bike, or skate? _____

Where _____

Date _____

Looking for fun ways to go outside and play, visit <https://healthyshasta.org/be-active/>

Challenge 10 Completed

Challenges Completed



Check each box for each challenge completed.

1

2

3

4

5

6

7

8

9

10

Take a picture of **Challenges Completed** and **Enter to Win!** and email it to AODPrevention@co.shasta.ca.us or mail this cutoff portion to the address below.

Enter to Win!

Fill out the information below to have a chance to win awesome prizes.

Name _____

School _____

Phone Number _____

Number of challenges completed _____

Attention: AOD

Shasta County Healthy and Human Services
2660 Breslauer Way
Redding, CA 96001